

# North Arkansas

## REGIONAL MEDICAL CENTER



North Arkansas Regional Medical Center (NARMC) is an Arkansas nonprofit organization, located in Harrison, Arkansas. NARMC is an integrated health care provider serving residents of north central Arkansas for more than 60 years. NARMC proudly offers a wide range of services and specialties close to home to meet the needs of Arkansans. With more than 100 primary care, mid-level, and specialty physicians on its medical staff and approximately 800 employees, NARMC offers an experienced and dedicated team.

During 2016, a Community Health Needs Assessment (CHNA) was conducted by NARMC. The process included collection and analysis of a large range of data, including demographic, socioeconomic and health statistics, health care resources, and patient use rates. The process also included interviews with key interviewees who represent broad community interests, populations of need or persons with specialized knowledge in public health.

Based on a review of the data gathered during this assessment, numerous health needs were identified. These needs were prioritized and evaluated to determine which were significant to the Community. The criteria included the numbers of persons affected, the seriousness of the issue, whether the health need particularly affected persons living in poverty or members of an underserved population, and availability of community resources to address the need.

As a result, the following **list of needs** was identified:

### **Uninsured Adults:**

NARMC Strategy: Publicize resources to obtain health insurance:

- Arkansas Works Sign Up Events
- Development of Certified Application Counselors

### **Recruitment of Additional Physicians and Practitioners:**

NARMC Strategy: Complete recruitment for high priority needs in:

- Internal Medicine
- Cardiologist
- Family Practice
- Gastroenterologist
- Neurologist
- General Surgery
- ENT
- Mid-Level Providers for Behavioral Health and Clinics



## **Mental Health**

NARMC Strategy: Open Inpatient Behavioral Health Adult unit

- Hire a mid-level provider to work with employed Psychiatrist
- Begin outpatient services during 2016

## **Rural Outreach**

NARMC Strategy: Offer appointments for Specialty physicians at Rural Health Clinics

- General Surgeon
- Orthopedic Surgeon
- Pediatrician

## **Elder Care**

NARMC Strategy: Establish new services to meet the needs of Seniors

- Palliative Care
- Community Paramedic
- Durable Medical Equipment



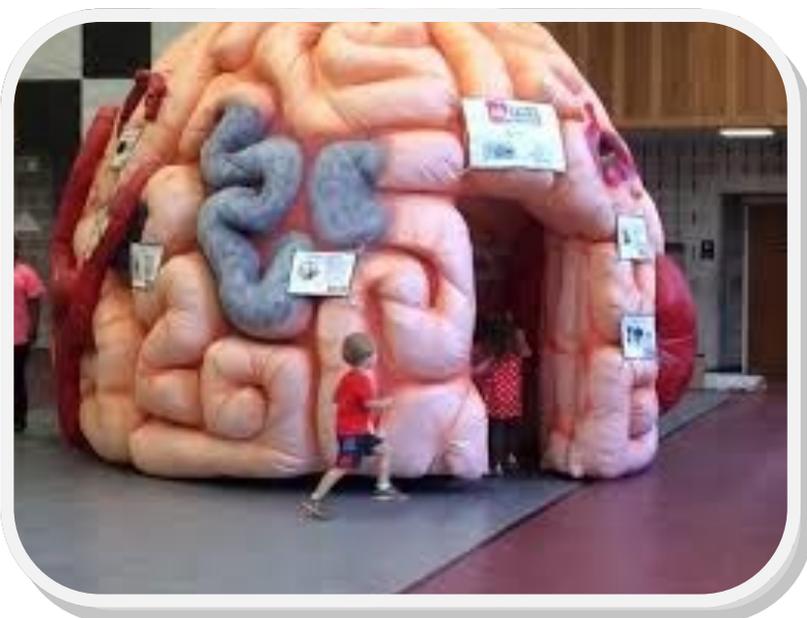
## **Health care accommodations for non-English speakers**

NARMC Strategy: Continue use of LifeLinks Interpreting Service

## **Health Education**

NARMC Strategy: Continue hosting community health screenings and support groups

- Cancer Screenings for Breast, Colon, Cervical, Skin, and Prostrate
- Diabetes, Grief, and Breastfeeding Support Groups
- The Gold Club—Health and Wellness for 55+
- Partnership with North Arkansas Partnership for Health Education (NAPHE)



NARMC and AR Saves Mega Brain

The North Arkansas Partnerships for Health Education (NAPHE) provides education services and programs to healthcare providers, healthcare professionals and the citizens of northern Arkansas. The not-for-profit partnership between North Arkansas College and North Arkansas Regional Medical Center is the first cooperative effort of its type in Arkansas. NAPHE utilizes the facilities of North Arkansas College and North Arkansas Regional Medical Center to offer its programs.

These programs include:

**Circle of Life** – offers a variety of services to pregnant/parenting teens in Boone, Newton and Carroll counties

**Tobacco Education Programs** – Boone, Newton, Carroll, Search and Van Buren counties that works through various outreach efforts toward a healthy lifestyle and smoking cessation.

**Community Health Resource Center (CHRC)** – provides many different educational resources such as:

- Dental Care
- Obesity
- Exercise
- Workforce Wellness

